

GUEST OVERVIEW

The interview recording is approximately 16 minutes. We book 30 minutes to allow for discussion prior to recording and any additional discussions with J V afterwards. This is a FAST PACED INTERVIEW.

NOTE: J V frequently books six to eight recordings on one day, so please be on time.

INTERVIEW FLOW

INTRODUCTION AND SECTION ONE = 8 MINUTES

INTRODUCTION: J V introduces the show then begins the discussion with you.

SECTION ONE – STEPS TO ACHIEVE A SPECIFIC HEALTH OR FITNESS RESULT. Before the recording, You and J V will discuss and choose one specific result to cover in this section. We welcome a wide range of approaches including holistic, integrative, alternative healing, spiritual, eastern, and traditional western approaches to health, fitness, and vitality.

SHORT BREAK FOR OUT-TAKE

SECTION TWO: GIFT-GIVING TIME = 2 MINUTES

Our audience loves the Free Gift segment. If you've set up an affiliate link with Conscious Millionaire for your funnel, that will be the link utilized. If not, we use the direct link to your gift.

NOTE: We send the listener to our Podcast Gift Page where we will create a gift image and link it to your gift. We do all the work to make it look great.

SECTION THREE AND WRAP = 4 – 6 MINUTES

THE CONSCIOUS HEALTH QUESTIONS

#1. How does being healthy and fit help you to become a successful entrepreneur?

#2 Is there a daily health practice or routine that you use for your Health and Fitness?

#3. What is a health brand you love and why do you love it?

#4. What is one action step that busy entrepreneurs can take to increase their health and fitness?

WRAP: J V will thank you and remind listeners to go to the Podcast Gift Page to get your gift.